It is important for children to learn the difference between right and wrong at an early age. Punishment is necessary to help them learn this distinction.

To what extend do you agree or disagree with this opinion?

What sort of punishment should parents and teachers be allowed to use to teach good behavior to children?

First of all, I need to express that I don't agree with punishment as a vital solution to train the children in general. However, it can be considered ~~as~~ an acceptable approach to make them aware of the difference between right and wrong. How you treat a child to teach him/her whether or not something is right depends on the child's age.

Recent research indicates that the main part of human personality is formed during the first ~~two~~ 5 years. As a result, punishing cannot be a good idea for an infant. Besides, an infant has no awareness about what is going on around him/her. Many of the psychological problems of human beings, such as lack of self-confidence or having great stress when being confronted with unwanted situations~~,~~ may be the result of inappropriate punishments in childhood.

In my opinion, positive behaviors such as rewarding or encouraging, when a good deed is done by a child, have a better impact on the mental and psychological performance of children. ~~On the other hand,~~ the promise of a present can ~~be~~ replace~~d by~~ punishment, provided that they make up for the mistakes they made. Punishment can be considered ~~as~~ a last resort. However, the severity of the punishment should be **commensurate with** the children's behavior and should not be physical or impose too much stress on the child.

To sum up, I don't believe in punishment as an effective approach to teach children to distinguish right and wrong. Parents and teachers have to learn how to teach this distinction/~~right and wrong~~ to children. Talking, playing, and rewarding along with proper punishments can apply to training/nurturing/educating children.